

# December 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
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3	<b>4 4:00-5:00 pm</b> Dutch Treat Social Hour  <b>7:00-8:30 pm</b> Comparative Law: Differences Between Common Law, Civil Law & Shariah Law	<b>5 7:30-8:30 am</b> River Walkers  <b>9:30-10:30 am</b> Exploring Meditation  <b>1:00-2:30 pm</b> Technology Help Desk	<b>6 9:30-10:30 am</b> Rendezvous Readers Book Chat  <b>3:00-5:00 pm</b> Social Bridge  <b>7:00-8:30 pm</b> Author Celebration: Lee Lynch	<b>7 7:30-8:30 am</b> River Walkers  <b>9:15-10:00 am</b> SBS Class  <b>11:30-12:30 pm</b> Men's Dutch Lunch	8	9	
<div>Fascinating talk about law. (Really!)</div>		<div>Get your tech questions answered.</div>		<div>A Twin Cities ad icon will regale us with fun facts about our amazing state!</div>			
10	<b>11 4:00-5:00 pm</b> Dutch Treat Social Hour  <b>4:00-4:30 pm</b> MCC Annual Meeting  <b>4:30-5:30 pm</b> MCC Board Meeting  <b>7:00-8:30 pm</b> Minneapolis Comprehensive Plan	<b>12 HANUKKAH (1st DAY)</b> <b>7:30-8:30 am</b> River Walkers	<b>13 9:00-10:00 am</b> Rendezvous on 5  <b>10:30 am-12:00 pm</b> Caregivers' Support Group  <b>2:00-3:00 pm</b> Swedish Institute "Nordic Holidays" Tour	<b>14 7:30-8:30 am</b> River Walkers  <b>7:30-8:30 am</b> Men's Coffee & Conversation  <b>9:15-10:00 am</b> SBS Class  <b>10:00-11:30 am</b> Our Turn	15	16	
<div>Find out what long-range planners have in store for the city.</div>		<div>Join us for this festive guided tour.</div>					
17	<b>18 2:00-3:00 pm</b> Exhibit: "A Campus Divided"  <b>4:00-5:00 pm</b> Dutch Treat Social Hour	<b>19 7:30-8:30 am</b> River Walkers  <b>5:00-6:00 pm</b> Tuesday Happy Hour	<b>20 9:00-10:00 am</b> Rendezvous on 5  <b>10:30 am-12:00 pm</b> Caregivers' Support Group  <b>12:15-1:45 pm</b> Turkey and Extra Helpings Volunteer Opportunity  <b>3:00-5:00 pm</b> Social Bridge	<b>21 7:30-8:30 am</b> River Walkers  <b>9:15-10:00 am</b> SBS Class  <b>11:30-12:30 pm</b> Men's Dutch Lunch	22	23	
<div>Washburn residents host our final Soiree of the year.</div>		<div>Toast the season at Wilde Cafe!</div>		<div>Help deliver holiday meal groceries for families at Ascension School.</div>			
24	<b>25 CHRISTMAS</b>	<b>26 7:30-8:30 am</b> River Walkers	<b>27 9:00-10:00 am</b> Rendezvous on 5	<b>28 7:30-8:30 am</b> River Walkers  <b>7:30-8:30 am</b> Men's Coffee & Conversation  <b>9:15-10:00 am</b> SBS Class  <b>4:00-7:30 pm</b> A Movie & Dinner	2	30	
<b>31 NEW YEAR'S EVE</b> <b>7:00-10:00 pm</b> New Year's Eve Dinner	<div>Ring in the New Year with MCC friends!</div>			<div>Love movies? Join us for a show at St. Anthony Main!</div>			



**Mill City Commons brings together neighbors 55+ residing along or near the downtown riverfront.**

**Join us and enjoy:**

- Valuable connections to active, welcoming friends who embrace the concept of living in community.
- A rich calendar of events, making it easy to engage and have fun as we learn, grow and share together.
- Trusted resources and friendly staff to help redefine and navigate the aging journey.

**CONTACT US!**

www.millcitycommons.org  
(612) 455-3329  
Info@millcitycommons.org

## MILL CITY COMMONS DETAILED CALENDAR – DECEMBER 2017

**Mondays, December 4, 11, & 18; 4:00 - 5:00 pm**

### **Dutch Treat Social Hour at Jefe Urban Hacienda**

Do you find it hard to really get to know members at our large programs ... or those featuring a speaker? This spontaneous event might be just right for you! Join us for casual conversation at Jefe Urban Hacienda. Take this opportunity to meet new members and reconnect with some you haven't seen lately. Dutch treat--no reservations required.

**Jefe Urban Hacienda**

**219 Main St. S.E.**

**MCC MEMBERS & GUESTS**

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**Monday, December 4; 7:00 - 8:30 pm**

### **Comparative Law: Differences Between Common Law, Civil Law and Shariah Law**

There are three great legal traditions in the world today: the Common Law, the Civil Law, and Shariah Law. U.S. legal traditions trace to the English Common Law, which has come to embody individual rights and judicial continuity amid the hurly-burly of democracy. The Civil Law arose from the Roman genius for administration and carried forward to the Code Napoleon. It achieved its highest expression in the elegant and enduring German Burgerliches Gesetzbuch (BGB). Shariah Law, much misunderstood in the west, governs the lives of more people than any other legal system. Speaker Duncan McCampbell is an American lawyer and university professor who became familiar with the world's leading legal systems while working in legal publishing for Thomson Reuters in the U.S., Europe and Asia. He will discuss the foundations of these three legal traditions, as well as the substantive, structural, stylistic and procedural differences separating them.

**RESERVATIONS** through <http://millcitycommons.org>. **Log in to register.**

**DeLaSalle**

**1 DeLaSalle Drive, Room D104**

**MCC MEMBERS**

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**Tuesdays & Thursdays, December 5, 7, 12, 14, 19, 21, 26 & 28; 7:30 – 8:30 am**

### **River Walkers**

All levels of walkers are welcome for this early morning walk along the banks of the Mississippi River. To meet the group, show up at the Stone Arch Lofts parking lot. The group leaves promptly at 7:30 am and will proceed across the Stone Arch Bridge so members on the east side of the river can catch the walk as it comes down Main Street about 7:50 am.

**Attention first-time walkers:** Please call Mill City Commons at (612) 455-3329 so we can ensure another member is available to greet you.

**Stone Arch Lofts – Riverside parking lot**

**MCC MEMBERS & GUESTS\***

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**Tuesdays, December 5; 9:30 – 10:30 am****Exploring Meditation**

Mill City Commons members have launched a 10-week fall meditation series that offers the opportunity to explore a regular meditation practice. The meditation will be a peaceful guided experience that is intended to increase a feeling of calm, reduce stress and clear the clutter in your mind. Co-facilitators Carole Baker and Linda Dolan bring more than 80 years combined experience in meditation. Carole has a background in Transcendental Meditation and mantras. Linda's background is in Mindfulness Meditation, Qigong and Energy Flow. The group will meet on consecutive Tuesdays from 9:30-10:30 am through December 5. Cost to participate is \$100, whether or not you can attend all 10 sessions.

**NOTE:** This final class of the fall series is open to all members who want to “try out” the class. Please register on the website.

**RESERVATIONS** through <http://millcitycommons.org>. **Log in to register.**

**Mill City Quarter Club Room**

**322 2<sup>nd</sup> St. S.**

**MCC MEMBERS**

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**Tuesday, December 5; 1:00 - 2:30 pm****Technology Help Desk**

Schedule time with a tech support guru and have your nagging technology questions answered during our complimentary Help Desk. Support for both Apple products and PCs is available. When you register, MCC will confirm the time of your 20-minute one-on-one session. Reminder: Installing or upgrading software or creating accounts can't be included in the session, as they exceed the allotted appointment time.

**RESERVATIONS** through <http://millcitycommons.org>. **Log in to register.**

**MCC Office**

**125 Main St. S.E., Suite 339**

**MCC MEMBERS**

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**Wednesday, December 6; 9:30 – 10:30 am****Rendezvous Readers' Book Chat**

Join us to discuss *Lab Girl* by Hope Jahren. In this debut memoir, acclaimed scientist Hope Jahren has built three laboratories in which she's studied trees, flowers, seeds and soil. *Lab Girl* is a book about work, love and the mountains that can be moved when those two things come together. It's told through Jahren's remarkable stories: about her childhood in rural Minnesota with an uncompromising mother and a father who encouraged hours of play in his classroom's labs; about how she found a sanctuary in science and learned to perform lab work done “with both the heart and the hands;” and about the inevitable disappointments, but also the triumphs and exhilarating discoveries of scientific work. Yet at the core of this book is the story of a relationship Jahren forged with a brilliant, wounded man named Bill, who becomes her lab partner and best friend. Their sometimes-rogue adventures in science take them from the Midwest across the United States and back again, over the Atlantic to the ever-light skies of the North Pole and to tropical Hawaii, where she and her lab currently make their home.

If you'd like to read ahead, January's book is *The Women in the Castle* by Jessica Shattuck. Have a book suggestion for the Book Chat? Email [Barbara Goldner](mailto:BarbaraGoldner@gmail.com).

**Abiitan's Porter Cafe**

**428 2<sup>nd</sup> St. S.**

**MCC MEMBERS & GUESTS**

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**Wednesdays, December 6 & 20; 3:00 – 5:00 pm**

**Social Bridge**

Join bridge players for a round of social bridge; levels of expertise and experience vary. Bring a partner if you can, and remember to register both yourself and your partner. Questions? Contact Carol Jordan at [caroljordan@millcitycommons.org](mailto:caroljordan@millcitycommons.org).

**RESERVATIONS through <http://millcitycommons.org>. Log in to register.**

**Washburn Lofts**

**700 S. 2<sup>nd</sup> St.**

**MCC MEMBERS & GUESTS\***

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**Wednesday, December 6; 7:00 – 8:30 pm**

**Author Celebration: Lee Lynch**

Join us as Minnesota advertising legend Lee Lynch shares some of the little-known, quirky and fascinating facts about Minnesota from his just-published book, *Amazing Minnesota: State Rankings and Unusual Information*. How do we compare against other states or localities? What are some of the unusual facts even locals don't know about our amazing state? Find out in this fun evening! Lynch retired in 2008 from Carmichael Lynch, the firm he co-founded in 1962, and now spends his time immersed in other businesses and nonprofit activities.

**RESERVATIONS through <http://millcitycommons.org>. Log in to register.**

**Stonebridge Community Room, 2<sup>nd</sup> floor**

**1120 2<sup>nd</sup> St. S.**

**MCC MEMBERS**

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**Thursdays, December 7, 14, 21 & 28; 9:15 – 10:00 am**

**SBS (Strength, Balance, Stretch) Class**

An exclusive opportunity (and great deal!) for MCC members, this weekly class focuses on strength, balance and stretching to keep you fit and strong. Please register by contacting G-Werx Fitness at (612) 767-4415. **Cost:** \$20 – \$25/class depending on commitment.

**G-Werx Fitness**

**428 2<sup>nd</sup> St. S., #100**

**MCC MEMBERS**

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**Thursdays, December 7 & 21; 11:30 am – 12:30 pm**

**Men's Dutch Lunch**

This casual, dutch treat lunch alternates weeks with Men's Coffee and Conversation. No reservations required. There's no program, but good conversation happens here. If you would like to be added to the Thursday Dutch Lunch list, email Allan Burdick at [alburd4057@gmail.com](mailto:alburd4057@gmail.com).

**Abiitan's Porter Cafe**  
**428 2<sup>nd</sup> St. S.**  
**MCC MEN & GUESTS**

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**Monday, December 11; 4:00 – 5:30 pm**

**MCC Annual Meeting (4:00 – 4:30 pm) & Board Meeting (4:30 – 5:30 pm)**

Learn about the direction of your Mill City Commons as our current board chair passes the gavel to next year's chair and welcomes new officers and board members. The regular monthly meeting of the board will follow at 4:30 pm. Members are welcome to stay for the board meeting also.

**RESERVATIONS through <http://millcitycommons.org>. Log in to register.**

**La Rive Community Room**  
**110 Bank St. S.E.**  
**MCC MEMBERS**

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**Monday, December 11; 7:00 - 8:30 pm**

**Minneapolis' Comprehensive Plan: What the Next 20 Years Hold**

Minneapolis 2040 is an update to the City's Comprehensive Plan, a document that shapes how Minneapolis will grow and change. The plan will cover topics such as housing, job creation and the design of new buildings, and how we use our streets. Brian Schaffer, principal project coordinator in the city's Long Range Planning Division, will provide an overview of the timeline and steps to develop the Comprehensive Plan and engagement content. For more information visit [www.minneapolis2040.com](http://www.minneapolis2040.com)

**RESERVATIONS through <http://millcitycommons.org>. Log in to register.**

**Minnesota Tech Center**  
**1100 Washington Ave. S.**  
**MCC MEMBERS**

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**Wednesdays, December 13, 20 & 27; 9:00 – 10:00 am**

**Rendezvous on 5**

Drop in and join your friends and neighbors for a morning chat at this neighborhood haunt. These adventures require no reservations!

**Guthrie Theater Level Five Express**  
**818 2<sup>nd</sup> St. S.**  
**MCC MEMBERS & GUESTS**

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**Wednesdays, December 13 & 20; 10:30 am - noon**

**Caregivers' Support Group**

Members of Mill City Commons have created a Caregivers' Support Group. This guided discussion group with professional facilitation was created to support MCC members and nonmembers who are or have been in a caregiving role. Caregivers' Support Group members share experiences, issues and concerns about caregiving, as well as give and receive support around this critical role. The current four-month series, meeting the second and fourth Wednesday of each month from 10:30 am to 12:00 pm, runs through December.

**Registration is now closed.** For those who are interested in joining, contact Betsy Wray to learn more about future caregiving series: [betsywray@millcitycommons.org](mailto:betsywray@millcitycommons.org).

**Cobalt Condos**  
**45 University Ave. S.E., 2nd floor Conf. Room (buzz Tamra Nelson at the security phone)**  
**MCC MEMBERS & GUESTS\***

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**Wednesday, December 13; 2:00 – 3:00 pm**

**Exhibit: Fest! Merry Mansion – Nordic Holidays**

Join us for a tour of the American Swedish Institute's 2017 exhibition of Nordic Holiday Rooms. Explore the unique and interactive displays of customs and traditions from the five Nordic countries of Sweden, Norway, Denmark, Iceland and Finland, plus this year's special guest, Romania. Cost is \$13 for this guided tour. (Please bring cash, if possible, to speed up the check-in process.) Optional: Join your tourmates for beverage at Fika afterwards.

**RESERVATIONS through <http://millcitycommons.org>. Log in to register.**

**American Swedish Institute**  
**2600 Park Ave.**  
**MCC MEMBERS & GUESTS\***

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**Thursdays, December 14 & 28; 7:30 – 8:30 am**

**MCC Men's Coffee and Conversation Group**

It's caffeine and camaraderie for the male members of MCC! This group meets every other Thursday and is hosted by various members who get the conversation going. Please register by the Monday prior to Men's Coffee and Conversation.

**RESERVATIONS through <http://millcitycommons.org>. Log in to register.**

**Elsie's Restaurant**  
**729 Marshall St. N.E.**  
**MCC MEN & GUESTS\***

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**Thursday, December 14; 10:00 - 11:30 am**

**Our Turn: A Conversation for Women**

MCC women, you are invited to attend Our Turn: A Conversation for Women. This group meets every other Thursday, alternating between morning and afternoon times. Locations, hosts and topics change each time.

**RESERVATIONS through <http://millcitycommons.org>. Log in to register.**

**MCC WOMEN & GUESTS\***

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**Sunday, December 17; 5:00 - 7:00 pm**

**Sunday Soiree**

Join your friends and neighbors for the MCC Sunday Soiree, hosted by Margee & Will Bracken and Anita Kunin at Washburn Lofts. Please contribute to the potluck by bringing a hearty hors d'oeuvre, main dish salad or dessert to serve at least 8. As you register, let us know what you'll bring by answering the "Question" that will appear on the screen. You are welcome to bring your own wine or beer to share.

**RESERVATIONS through <http://millcitycommons.org>. Log in to register.**

**Washburn Lofts Common Room**  
**700 2<sup>nd</sup> St. S.**  
**MCC MEMBERS**

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**Monday, December 18; 2:00 – 3:00 pm**

**Exhibit: "A Campus Divided"**

Join us for an archivist-led tour of the compelling exhibit, "A Campus Divided: Progressives, Anti-Communists, Racism and Anti-Semitism at the University of Minnesota, 1930-1942." With archival materials, the exhibit illustrates how U of M presidents, deans and other administrators routinely subjected students and faculty to surveillance and attacked progressive student activism in order to create a campus in the narrow and distorted image of an "America First" nation. If you'd like to carpool, meet in the Stone Arch parking lot at 1:30 p.m. Otherwise, meet on the third floor of Andersen Library, where the exhibit starts.

**RESERVATIONS** through <http://millcitycommons.org>. **Log in to register.**

**University of Minnesota Andersen Library Atrium Gallery**

**222 21<sup>st</sup> Ave. S.**

**MCC MEMBERS & GUESTS\***

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**Tuesday, December 19; 5:00 – 6:00 pm**

**Tuesday Happy Hour**

Join us for Tuesday Happy Hour at Wilde Cafe. Hosted by Ginger & Walt Bailey, this gathering is a time to catch up with friends and neighbors over drinks and small bites. Dutch treat--no reservations required! If you wish to stay for dinner, reservations may be made by calling (612) 331-4544.

**Wilde Cafe**

**65 Main St. S.E.**

**MCC MEMBERS & GUESTS**

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**Wednesday, December 20; 12:15 - 1:45 pm**

**Turkey & Extra Helpings Volunteer Opportunity**

Join MCC members and friends for the 10<sup>th</sup> annual Turkey & Extra Helpings Holiday Drive! Our goal is to provide groceries for holiday meals for 50 families in North Minneapolis. Volunteers are needed to help load and unload food for families from Ascension School. Meet in the Cub Foods parking lot, 701 W. Broadway Ave. (I-94 and Broadway), at 12:15 p.m. to pick up groceries. We'll then proceed to Ascension School, 1726 Dupont Ave. N., to drop them off. Please register and answer the "Question" on whether you have a large vehicle to help transfer food. For more info, click [here](#).

**RESERVATIONS** through <http://millcitycommons.org>. **Log in to register.**

**Cub Foods**

**701 W. Broadway Ave.**

**MCC MEMBERS**

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**Thursday, December 28; 4:00 -7:30 pm**

**A Movie & Dinner**

Join MCC members for a dutch-treat mid-week movie and dinner! The movie and exact movie time will be announced the week before and communicated on the website and in Musings. We'll follow with dinner at a nearby restaurant, also to be announced. Members and guests are welcome to join us for the movie, dinner or both.



RESERVATIONS through <http://millcitycommons.org>. Log in to register.  
St. Anthony Main Theatre  
115 Main St. S.E.  
MCC MEMBERS & GUESTS\*

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**Sunday, December 31; 7:00 – 10:00 pm**

**New Year's Eve Dinner**

Join other MCC members for a festive catered dinner in a condo party room along the riverfront! The menu includes Chicken Kebabs with Tzatziki Dipping Sauce; Salmon Kebabs with Ginger Soy Dipping Sauce; Israeli Couscous with Tomato, Onions, Mushrooms, Spinach and Garlic; Grilled Asparagus and Baby Carrots; Harvest Salad with Apple Cider Dressing and dessert bars. Cost will be approximately \$35 per person. Members are asked to bring beverages to share.

RESERVATIONS through <http://millcitycommons.org>. Log in to register.  
Winslow House Party Room  
100 2<sup>nd</sup> St. S.E.  
MCC MEMBERS

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\* GUESTS, please call (612) 455-3329 or email [info@millcitycommons.org](mailto:info@millcitycommons.org) to RSVP.